



MIDJERSEY
ORTHOPAEDICS
LIVE LIFE BETTER.

Same Day Center

Upon arriving at the Same Day Center, you are assigned a room number and you are shown to your room. A family member may accompany you. A nurse soon comes in to take your temperature, pulse, blood pressure, etc., and you will be asked some questions. The nurse prepares you for surgery and administers a preoperative medication if ordered by your doctor.

When the operating room calls for you, you will be taken by gurney to a holding room within the operating room where an anesthesiologist will interview you and start an intravenous line which allows the anesthesiologist to give you medication as needed. A nurse will also ask you a few important questions.

You will then be taken into your operating room where EKG leads will be placed on you so that your heart may be monitored. A blood pressure cuff will be wrapped around your arm and a loose-fitting clip will be wrapped around your finger to monitor the amount of oxygen in your blood. The anesthesiologist will then administer your anesthesia.

When your surgery is over, you will be taken into the recovery room where you will stay for about two hours (this time may vary). While you are in the recovery room, your vital signs will be checked frequently by nurses. When your doctor and the nurses feel you are ready to leave the recovery room, you will be taken back to your room in the Same Day Center.

Once back in the Same Day Center, the nurses will continue to monitor your vital signs, and you will be given something to eat. Your length of stay here will be in the vicinity of two hours. We want to be sure you can take liquids without nausea; go to the bathroom; and are able to get up to a chair before allowing you to go home. Once you can do those things, you will then be discharged and taken outside in a wheelchair.