

DAILY MEDICATION USE AND YOUR UPCOMING SURGERY

PLEASE take time to thoroughly read this information. It is **VERY IMPORTANT** for you to know what medications you are taking and to understand what to do about your medications as your surgery date approaches.

PLEASE inform our nurses if any medication you take is not on the following list.

PLEASE be aware that many herbal supplements can be potentially dangerous when interacting with anesthesia medications. Please inform our nurses if you are taking any herbal or over-the-counter medications.

**Your cooperation is required to ensure a safe surgical
experience.**

Approved by:

Walter Lapicki, DO
Chairman, Dept of Anesthesia

I. Heart, Blood Pressure, Cholesterol Medications

A. Heart Medications

(Take these medications the morning of surgery)

1. disopyramide (Norpase)
2. procainamide (Pronestyl, procanbid)
3. mexiletine (Mexitil)
4. quinidine gluconate/sulfate (Quinaglute, Cin-Quin, Quinidex)
5. tocainide (Tonacard)
6. amiodarone (Cordarone)
7. dofetilide (Tikosyn)
8. flecainide (Tambocor)
9. sotalol (Betapace)
10. digoxin (Lanoxin) ****Patient needs to have blood level and CMP drawn pre-op**
11. nitroglycerin (NitroStat, Nitrol, Nitroglyn)
12. isosorbide (Isordil, Imdur, Diltrate)

B. Blood Pressure Medications

(Take these medications the morning of surgery)

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|-----------------------------------|------------------------------------|
| 1. metolazone (Zaroxolyn) | 17. lisinopril (Prinivil, Zestril) |
| 2. atenolol (Tenormin) | 18. enalapril (Vasotec) |
| 3. metoprolol (Lopressor, Toprol) | 19. quinapril (Accupril) |
| 4. pindolol (Visken) | 20. ramipril (Altace) |
| 5. timolol (Blocarden) | 21. clonidine (Catapres) |
| 6. nadolol (Corgard) | 22. methyldopa (Aldomet) |
| 7. propranolol (Inderal) | 23. prazosin (Minipress) |
| 8. acebutolol (Sectral) | 24. doxazosin (Cardura) |
| 9. labetalol (Normodyne) | 25. guanfacine (Tenex) |
| 10. carvedilol (Coreg) | 26. terazosin (Hytrin) |
| 11. diltiazem (Dilacor, Cardizem) | 27. hydralazine (Apresoline) |
| 12. verapamil (Calan) | 28. prazosin (Minipress) |
| 13. felodipine (Plendil) | 29. minoxidil (Lonitën) |
| 14. amlodipine (Norvasc) | 30. losartan (Cozaar) |
| 15. nifedipine (Procardia) | 31. valsartan (Diovan) |
| 16. captopril (Capoten) | |

C. Blood Pressure Combination Medications

(Take these medications the morning of surgery)

1. hydralazine/hydrochlorothiazide (HCTZ) (Apresazide)
2. propranolol/HCTZ (Inderide)
3. bisoprolol/HCTZ (Ziac)
4. lisinopril/HCTZ (Prinzide, Zcstoretic)
5. methyldopal/HCTZ (Aldoril)
6. quinapril/HCTZ (Accuretic)
7. captopril/HCTZ (Capozide)
8. clonidine/chlorthalidone (Combipress)
9. losartan/HCTZ (Hyzaar)
10. valsartan/FICTZ (Diovan HCT)

D. Cholesterol Medications

(Take the morning of surgery)

1. Gemfibrozil (Lopid)
2. simvastatin (Zocor)
3. Atorvastatin (Lipitor)
4. cholestyramine (Questran)
5. colestipol (Colestid)
6. pravastatin (Pravachol)
7. colesevelam (Welchol)

***The only exception are Niacin and Lovaza (Niaspan, Niacor). Do **NOT** take the morning of surgery.

E. Anticoagulation Therapy

(Stop as per the prescribing doctor or your surgeon – may need PT/INR, Ptt drawn pre-op)

1. warfarin (Coumadin)
2. dipyridamole (Persantine)
3. clopidogrel (Plavix)
4. ticlopidine (Ticlid)
5. pentoxifylline (Trental)
6. pradaxa (Dabigatran Etexilate Mesylate)
7. rivaroxaban (Xarelto)

F. Water Pills

(Do not take the morning of surgery)

1. amiloride/HCTZ (Moduretic)
2. bumetanide (Bumex)
3. chlorothiazide (Diuril)
4. chlorthalidone (Hygroton)
5. furosemide (Lasix)
6. hydrochlorothiazide (Hydrodiuril)
7. indapamide (Lozol)
8. methychlothiazide (Enduron)
9. spironolactone/hctz (Aldactazide)
10. triamterene/hctz (Maxide, Dyazide)

II. Diabetes Medications

(Do not take oral diabetic medication the morning of surgery)

INSULIN -CONTACT PRESCRIBING DOCTOR FOR PREOP INSULIN ORDERS

1. glimepiride (Amaryl)
2. glipizide (Glucotrol)
3. glyburide (Diabeta, (Glynase, Micronase)
4. acarbose (Precose)
5. miglitol (Glyset)
6. metformin (Glucophage)
7. repaglinide (Prandin)
8. rosiglitazone (Avandia)
9. chlorpropamide (Diabenese)
10. tolazemide (Tolinase)
11. tolbutamide (Orinase)
12. pioglitazone(Actos)

III. Anti-Seizure Medications

(If used for seizures **take the morning of surgery with a small sip of water- if medication used for other purpose **do not take** the morning of surgery)**

(Drug with ** requires patient to have blood level and CMP drawn pre-op)

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|--------------------------------|------------------------------------|
| 1. Phenobarbital** | 12. divalproex sodium (Depakote)** |
| 2. acetazolamide (Diamox) | 13. ethosin (Peganone) |
| 3. mephobarbital (Mebaral) | 14. methsuximide (Celontin) |
| 4. phenytoin (Dilantin)** | 15. gabapentin (Neurontin) |
| 5. primidone (Mysoline)** | 16. levetiracetam (Keppra) |
| 6. carbamazepine (Tegretol)** | 17. oxcarbazepine (Trileptal) |
| 7. clonazepam (Klonopin) | 18. tiagabine (Gabitril) |
| 8. ethosuximide (Zarontin) | 19. zonisamide (Zonegran) |
| 9. mephenytoin(Mesantoin) | 20. elbamate (Felbamate) |
| 10. trimethadione (Tridione) | 21. amotrigine (Lamotrisine) |
| 11. valporic acid (Depakene)** | 22. topiramate (Topamax) |

IV. Asthma/Lung Medications

(Take oral medications and use inhalers the morning of surgery, also bring your inhalers to the hospital with you)

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|------------------------------------|--------------------------------------|
| 1. aminophylline | 9. dornase alpha (Pulmozyme) |
| 2. theophylline (Slo-Phylline) | 10. beclomethasone (Vanceril) |
| 3. albuterol (Ventolin, Proventil) | 11. triamcinolone (Azmacort) |
| 4. metaproterenol (Alupent) | 12. fluticasone (Flovent) |
| 5. terbutaline (Brethine) | 13. pirbuterol(Maxair) |
| 6. isoetharine (Bronkosol) | 14. budesonide(Pulmicort) |
| 7. ipatropium (Atrovent) | 15. fluticasone salmeterol(Advair) |
| 8. montelukast (Singulair) | 16. albuterol/ipratropium(Combivent) |

V. Psychotherapeutic Medications

A. Antidepressants

(Stop taking these medications 3 days before surgery)

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|---|-------------------------------|
| 1. amitriptyline (Elavil) | 9. clomipramine (Anafranil) |
| 2. desipramine (Norpramin) | 10. trimipramine (surmaontil) |
| 3. doxepin (Sinequan, Adapin) | 11. trazadone (Desyrel) |
| 4. imipramine (Tofranil) | 12. loxipine (Loxitane) |
| 5. nortriptyline (Pamelor) | 13. molindone (Moban) |
| 6. amozapine (Asendin) | 14. nefazodone (Serzone) |
| 7. protriptyline (Vivactyl) | 15. risperidone (Risperdal) |
| 8. amitriptyline/perphenazine (Etrafon) | |

B. MAO Inhibitors

(Stop taking these medications 14 days before surgery)

1. Phenelzine (Nardil)
2. tranylcypromine (Parnate)
3. isocarboxazid (Marplan)
4. phenethylamine (Eldapryl)

C. Selective Serotonin Re-uptake Inhibitors

(Do not take the morning of surgery)

1. citalopram (Celexa)
2. Fluoxetine (Prozac)
3. paroxetine (Paxil)
4. sertraline (Zoloft)
5. bupropion (Wellbutrin, Wellbutrin XL)
6. venlafaxine (Effexor, Effexor XL)
7. olanzapine (Zyprexa)
8. escitalopram (Lexapro)
9. topiramate (Topamax)

D. Antipsychotics

(Do not take the morning of surgery)

1. fluphenazine (Prolixin)
2. perphenazine (Trilafon)
3. thioridazine (Mellaril)
4. Trifluoperazine (Stelazine)
5. chlorpromazine (Thorazine)
6. mesoridazine (Serentil)
7. haloperidol (Haldol)
8. Thiothixene (Navane)
9. quetiapine (Seroquel)
10. clozapine (Clozaril)

E. Sleeping Medications

(**May take** the night before surgery)

1. flurazepam (Dalmane)
2. temazepam (Restoril)
3. chloral hydrate (Noctec)
4. triazolam (Halcion)
5. zolpidem (Ambien)
6. eszopiclone (Lunesta)

F. Miscellaneous Psychotherapeutic Medications

1. dextroamphetamine (Dezadrine, Adderall) **STOP 3 DAYS BEFORE SURGERY**
2. methamphetamine (Desoxyn) **STOP 3 DAYS BEFORE SURGERY**
3. lithium carbonate (Eskalith, Lithonate) **TAKE THE MORNING OF SURGERY – Needs blood level and CMP drawn pre-op**
4. methylphenidate (Ritalin) **DO NOT TAKE THE MORNING OF SURGERY**
5. pemoline (Cylert) **DO NOT TAKE THE MORNING OF SURGERY**

G. Anti-anxiety Medications

(**Do not take** the day of surgery unless you are told by the anesthesiologist to take the morning of surgery)

1. alprazolam (Xanax)
2. Chlordiazepoxide (Librium)
3. diazepam (Valium)
4. lorazepam (Ativan)
5. Oxaepam (Serax)
6. clorazepate (Tranxene)
7. Buspirone (BuSpar)

VI. Birth Control Pills

Take on morning of surgery with SIP of water if you normally take in the morning. If your schedule is other than that, do not take on morning of surgery.

VI. Musculoskeletal and Rheumatology Medications

(If narcotic medication is prescribed for pain, you can take as needed the morning of surgery)

A. NSAIDS (Stop 3 days before surgery unless instructed otherwise)

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|---------------------------------|---|
| 1. celecoxib (Celebrex) | 9. etodolac (Lodine) |
| 2. Ibuprofen (Advil, Motrin) | 10. naproxen (Naprosyn, Anaprox, Aleve) |
| 3. flurbiprofen (Ansaid) | 11. sulindac (Clinoril) |
| 4. indomethacin (Indocin) | 12. diclofenac (Cataflam, Voltaren) |
| 5. meclofenomate (Meclufen) | 13. nabumetone (Relafen) |
| 6. fenoprofen (Nalfon) | 14. piroxicam (Feldene) |
| 7. tolmetin (Tolectin) | 15. oxaprozin (Daypro) |
| 8. ketoprofen (Orudis, Oruvail) | |

B. Miscellaneous Arthritis Medications

(**Do not take** the morning of surgery)

1. Sulfasalazine (Azulfidine)
2. methotrexate (Rheumatrex)
3. hydroxychloroquine (Plaquenil)
4. auranofin (Ridaura)
5. azothioprine (Imuran)
6. penicillamine (Cupramine)
7. stanercept (Enbrel)

C. Muscle Relaxants

(Do not take the morning of surgery)

1. baclofen (Lioresal)
2. chlorzoxazone (Paraflex, Parafon Forte)
3. Cyclobenzaprine (Fexeril)
4. diazepam (Valium)
5. methocarbamol (Robaxin)
6. oxybutynin (Ditropan)
7. carisoprodol (Soma)
8. dantrolene (Dantrium)

D. Salicylates

(Stop 3 days before surgery unless otherwise instructed by your surgeon)

1. salsalate (Salfiex)
2. aspirin
3. choline magnesium salicylate (Trilisale)

E. Steroids

(Do not take the morning of surgery)

1. hydrocortisone (Cortef, Hydrocortone)
2. prednisone (Orazone, Deltazone)
3. dexamethasone (Decadron)
4. methylprednisolone (Medrol)

F. Gout Medications

(Do not take the morning of surgery)

1. allopurinol (Zyloprim)
2. colchicine
3. probenecid (Benemid)

G. Osteoporosis/Hormonal Therapy Medications

(Do not take Osteoporosis medication the morning of surgery)

1. conjugated estrogens (Premarin)
2. estropipate (Ogen)
3. micronized estradiol (Estrace)
4. alendronate (Fosamax)
5. calcitonin salmon (Miacalcin)
6. Etidronate (Didronel)
7. raloxifene (Evista)

VII. Miscellaneous

A. Thyroid Medications

(Do not take the morning of surgery)

(Patient must have T3, T4, TSH drawn pre-op)

1. Synthroid
2. Cytomel
3. Armour thyroid

B. Stomach Medications

(Do not take the morning of surgery)

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|-------------|-------------|
| 1. Tagament | 6. Prilosec |
| 2. Zantac | 7. Aciphex |
| 3. Cytotec | 8. Prevacid |
| 4. Carafate | 9. Pepcid |
| 5. Nexium | |

C. Antibiotics

(**Do not take** the morning of surgery)

D. Prostate Medications

(**Do not take** the morning of surgery)

1. Proscar
2. Hytrin
3. Cardura

E. Appetite Suppressants

(**Do not take** for 14 days before surgery)

1. Lonamine
2. Tenuate
3. Meridia
4. Xenical
5. Sanorex
6. Fastin

F. All Herbal/Vitamin Supplements

(**Stop 3 days before surgery**)