



**MIDJERSEY**  
**ORTHOPAEDICS**  
*LIVE LIFE BETTER.*

# Outpatient

## *Local Surgical Procedure*

You are scheduled for an outpatient local procedure. This means that you will be having same-day surgery with your time in the hospital before and after surgery being as brief as possible.

Local refers to the type of anesthesia to be used. Your surgeon will give you medication by injection to numb the area immediately around the surgical site. You will be fully awake during the surgical procedure; however, you will not feel any pain and your view of the surgery will be blocked.

### **For Your Information**

1. Please check with your insurance company to see if you require a second opinion or pre-certification. If the insurance company requires any further information, then please refer them to our office.
2. You should not drive yourself home after any surgery. Please make arrangements to have someone with you to drive you home.
3. Pre-admission testing will NOT be required prior to your procedure.
4. You may eat breakfast on the morning of your surgery.
5. After reading this information, please call surgery scheduling at (908) 782-0600 x 2218 or 2219 if you have any questions.

Please shower or bathe before coming to the hospital.

Upon arrival at the hospital, please go to the Outpatient Desk to register. You will be asked for your insurance card and hospital I.D. (if you do not have a hospital I.D. card, then one will be made for you). Once you have been registered, you will be directed to the Same Day Center.

## **The Same Day Center**

You will be here briefly so that the nurse may take your vital signs and have you sign a form to verify that you will not be driving yourself home. You will then be taken to the waiting room until the operating room calls for you. Feel free to bring a book, read the magazines or watch TV in the waiting room.

Once the operating room calls, you will be instructed to change out of your clothing and into a hospital gown (There will be a locker available for your belongings, and you will have the key with you at all times. Please leave any valuables at home). You will then be escorted by wheelchair to the operating room for your surgery.

## **The Operating Room**

The nurses in the operating room will verify your identify and verify the type of surgery to be performed. They will also briefly review what will occur in the operating room. You may ask the nurses or your surgeon any questions at this time. Your vital signs will be taken again, and the surgical site will be thoroughly washed before surgery.

## **After Surgery**

Your nurse will review the post-operative procedures you should follow, and you will be escorted back to the Same Day Center where you may put on your clothes, relax and have some juice.

You are permitted to go home as soon as you like. There is no minimum waiting period before discharge. Once home, please adhere to the specific instructions given to you by your surgeon and the written instructions which have been enclosed.