



## Injection Information At Hunterdon Center for Surgery

You are scheduled for an outpatient local procedure or a “same-day” procedure at Hunterdon Center for Surgery. Your stay will be short, generally only a few hours. Local refers to the type of anesthesia to be used. Your physician will give you medication, by injection, to numb the area immediately around the procedure site. You will be fully awake during the procedure; however your view of the procedure will be blocked.

**TO INSURE A SAFE, PLEASANT AND EFFICIENT EXPERIENCE, PLEASE NOTE THE FOLLOWING:**

1. You must stop the following drugs 5 days prior to your procedure:

**\*\*If you have a significant cardiac history or history of blood clots, please contact your cardiologist or prescribing doctor regarding these instructions. Any concern, please call our office.**

Advil	*Coumadin (Warfarin)	Flector Patch	Nalfon
Aggrenox	Daypro	Ibuprofen	Naprosyn/Naproxen
Aspirin	Diclofenac	Indocin	*Plavix (Clopidogrel)
Aleve	Diflunisal	Indomethacin	*Pradaxa
Ansaid (Fluriprofen)	Duexis	Ketoprofen	Tolectin
Arthrotec	Effient	Lovaza	Toradol
*Brilinta	Eliquis	Meclofenamate	Vicoprofen
Cataflam	Etodolac	Mobic (Meloxicam)	Voltaren
Clinoril	Feldene	Motrin	*Xarelto (Rivaroxaban)
		Nabumetone (Relafen)	

\*You may resume above medications 48 hours after your injection procedure.

You must stop all Vitamins and Herbal Supplements 3 days prior to your procedure.

2. If your insurance requires a referral, it is your responsibility to obtain one prior to your visit. Prior to your elective surgery, we will contact your insurance carrier to determine coverage of benefits and obtain pre-authorization for your scheduled procedure.

If it is determined that you have a high-deductible and/or co-insurance that has not been met, our billing office will contact you to collect a pre-surgical deposit. This payment should be made payable to MidJersey Orthopaedics and will be applied towards your deductible and/or co-insurance for your surgeon’s fee. Any remaining balance after insurance has paid will be billed to you accordingly.

**\*Please note that prior authorization is not a guarantee of payment by your insurance carrier.**

Please do not hesitate to contact the billing department if you have any questions. (908) 782-0600 x5008

3. You should not drive yourself home after any procedure. Please make arrangements to have someone with you to drive you home.

4. Pre-admission testing will *not* be required prior to your procedure.

5. You may eat breakfast on the morning of your procedure.

6. On the morning of your procedure, please shower or bathe before coming to the Hunterdon Center for Surgery at 9100 Wescott Drive, Suite 201, Flemington, NJ 08822.

**You will receive a call the day prior to your procedure from the staff at Hunterdon Center for Surgery advising you of your arrival time. If you have any questions regarding your arrival time please call HCS at (908) 806-7017.**

Date of injection will be \_\_\_\_\_ Follow-up appt \_\_\_\_\_

## HUNTERDON CENTER FOR SURGERY

Upon arrival to Hunterdon Center for Surgery, check in at the reception desk. The admitting nurse will escort you to a changing room to change into a hospital gown. He/She will escort you to the pre-op area to take your vital signs. The O.R. nurse will then escort you to the operating room for the procedure.

### THE OPERATING ROOM

The nurses in the operating room will verify your identity and verify the type of procedure to be performed. They will also briefly review what will occur in the operating room. You may ask the nurses or your physician any questions at this time. Your vital signs will be taken again, and the procedure site will be thoroughly washed before the procedure.

### AFTER YOUR PROCEDURE

Your nurse will review post-operative instructions with you in the post-op area. Then you may put on your clothes, relax, and have some juice.

You are permitted to go home as soon as you like. There is no minimum waiting period before discharge. Once home, please adhere to the specific instructions given to you by your physician and the written instructions the nurses will give you.

All patients should call for any problems or concerns. You may experience a slight increase in pain locally at the injection site. Ice application may relieve these symptoms. **Diabetic patients will experience a temporary increase in blood sugar. Some patients may experience facial flushing or headache after the procedure. These are usually rare and temporary.** Most patients experience improvement in pain immediately, which can last for several months. However, some patients may receive little to no improvement at all. **You must wait at least 2-3 weeks to see the results.** Steroids can and will need time to work.

If you have any questions, please call MidJersey Orthopaedics at 908-782-0600.