

DAILY MEDICATION USE AND YOUR UPCOMING SURGERY

PLEASE take time to thoroughly read this information. It is VERY IMPORTANT for you to know what medications you are taking and to understand what to do about your medications as your surgery date approaches.

PLEASE inform our nurses if you have any questions regarding this list of medications. The lists are examples of the types of medications and are not all inclusive.

PLEASE be aware that many herbal supplements can be potentially dangerous when interacting with anesthesia medications.

PLEASE inform our nurses if you are taking any herbal or over-the-counter medications.

PLEASE take your usual medications with a sip of water the day of surgery **unless** instructed not to do so. **Your cooperation is required to ensure a safe surgical experience.**

Approved by:

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I. HEART, BLOOD PRESSURE, CHOLESTEROL MEDICATIONS

Cholesterol Medications Do **NOT** take the morning of surgery

- Omega-3 Fatty Acid (Fish Oil, Lovaza®, Vascepa®, Epanova®, Omtryg®)
- Fibric Acid
- Fenofibrate (Tricor®, Trilipix®, Lofibra®)
- Gemfibrozil (Lopid®)
- Ezetimibe (Zetia®)
- Niacin (Niaspan®, Niacor®)
- Cholestyramine (Questran®)
- Colesevelam (Welchol®)
- Colestipol (Colestid®)

Anticoagulants (Blood Thinners)

Stop as per the prescribing doctor or your surgeon

- Warfarin (Coumadin®, Jantoven®) – Need PT/INR AM of Surgery
- Heparin – Need PT/INR/PTT AM of Surgery
- Dabigatran (Pradaxa®)
- Rivaroxaben (Xarelto®)
- Apixaban (Eliquis®)
- Enoxaparin (Lovenox®)
- Fondaparinux (Arixtra®)
- Argatroban
- Bivalirubin (Angiomax®)
- Dalteparin (Fragmin®)
- Desirudin (Iprivask®)

Antiplatelets (Blood Thinners)

Stop as per the prescribing doctor or your surgeon

- Clopidogrel (Plavix®)
- Aspirin 325mg (May take Aspirin 81mg)
- Dipyridamole (Persantine®)
- Aspirin / Dipyridamole (Aggrenox®)
- Cilostazol (Pletal®)
- Ticlopidine (Ticlid®)
- Prasugrel (Effient®)
- Ticagrelor (Brilinta®)
- Vorapaxar (Zontivity®)
- Abciximab (Reopro®)
- Eptifibatide (Integrilin®)
- Tirofiban (Aggrastat®)

Diuretics (Water Pills)

Do **NOT** take the morning of surgery

- Hydrochlorothiazide
- Chlorthalidone
- Chlorthiazide
- Amiloride / Hydrochlorothiazide (Moduretic®)
- Triamterene / Hydrochlorothiazide (Maxide®, Dyazide®)
- Bumetanide (Bumex®)
- Furosemide (Lasix®)
- Indapamide (Lozol®)
- Spironolactone / Hydrochlorothiazide (Aldactazide®)

II. MUSCULOSKELETAL MEDICATIONS

Non-Steroidal Anti-Inflammatory Drugs (NSAIDs)

Stop taking **7 days** before surgery unless instructed otherwise

- Diclofenac (Volteran®)
- Fenoprofen (Nalfon®)
- Flurbiprofen (Ansaid®)
- Ibuprofen (Advil, Motrin®)
- Naproxen (Naprosyn®, Anaprox®, Aleve®)
- Piroxicam (Feldene®)
- Tolmetin
- Indomethacin (Indocin®)
- Ketoprofen
- Meclofenamate
- Ketorolac (Toradol®)
- Oxaprozin (Daypro®)
- Sulindac (Clinoril®)
- Etodolac (Lodine®)

III. STIMULANTS

Central Nervous System Stimulants

Do **NOT** take the morning of surgery

- Dextroamphetamine / Amphetamine (Adderall®, Adderall XR®)
- Dexmethylphenidate (Focalin®, Focalin XR®)
- Dextroamphetamine (Dexedrine®, ProCentra®, Zenzedi®)
- Lisdexamfetamine (Vyvanse®)
- Methylphenidate (Concerta®, Daytrana®, Ritalin®, Metadate CD®, Metadate ER®)
- Modafinil (Provigil®)
- Armodafinil (Nuvigil®)

IV. DIABETES MEDICATIONS

Oral Hypoglycemics

Do **NOT** take oral diabetic medication the morning of surgery

- Glyburide (Diabeta®, Micronase®)
- Glimepiride (Amaryl®)
- Glipizide (Glucotrol®)
- Glyburide / Metformin (Glucovance®)
- Glipizide / Metformin (Metaglip®)
- Metformin (Glucophage®, Fortamet®)
- Canagliflozin (Invokana®)
- Dapagliflozin (Farxiga®)
- Empagliflozin (Jardiance®)
- Canagliflozin / Metformin (Invokamet®)
- Dapagliflozin / Metformin (Xigduo XR®)
- Empagliflozin / Linagliptin (Glyzambi®)
- Pioglitazone (Actos®)
- Rosiglitazone (Avandia®)
- Pioglitazone / Alogliptin (Oseni®)
- Pioglitazone / Glimepiride (Duetact®)
- Pioglitazone / Metformin (Actoplus Met®)
- Sitagliptin (Januvia®)
- Saxagliptin (Onglyza®)
- Lingagliptin (Tadjenta®)
- Sitagliptin / Metformin (Janumet®)
- Saxagliptin / Metformin (Kombiglyze®)
- Acarbose (Precose®)
- Miglitol (Glycet®)
- Repaglinide (Prandin®)
- Natiglinide (Starlix®)
- Repaglinide / Metformin (Prandimet®)
- *Insulin – Contact prescribing physician for your Pre-Op Insulin orders*

V. ANTIDEPRESSANTS

Selective Serotonin Reuptake Inhibitors (SSRIs) / Selective Norepinephrine Reuptake Inhibitors (SNRIs)

Do **NOT** take the morning of surgery

- Citalopram (Celexa®)
- Escitalopram (Lexapro®)
- Paroxetine (Paxil®)
- Fluoxetine (Prozac®)
- Olanzapine / Fluoxetine (Symbyax®)
- Sertraline (Zoloft®)
- Fluvoxamine (Luvox®)
- Bupropion (Wellbutrin®, Wellbutrin® XL)
- Venlafaxine (Effexor®, Effexor® XL)
- Desvenlafaxine (Pristiq®)
- Duloxetine (Cymbalta®)
- Vortioxetine (Brintellix®)
- Vilazodone (Viibryd®)
- Levomilnacipran (Fetzima®)

Tricyclic Antidepressants (TCAs)

Do **NOT** take the morning of surgery

- Amitriptyline (Elavil®)
- Imipramine (Tofranil®)
- Clomipramine (Anafranil®)
- Doxepin (Silenor®)
- Trimipramine (Surmontil®)
- Desipramine (Norpramin®)
- Nortriptyline (Pamelor®)
- Protriptyline (Vivactil®)
- Amoxapine (Ascendin®)

Monoamine Oxidase Inhibitors (MAOIs)

Stop taking these medications **14 DAYS** before surgery

- Isocarboxazid (Marplan®)
- Phenelzine (Nardil®)
- Tranylcypromine (Parnate®)
- Delegiline (Emsam®, Eldepryl®)
- Rasagiline (Azilect®)

Miscellaneous Antidepressants

Do **NOT** take the morning of surgery

- Trazodone (Olepto®)
- Nefazodone (Serzone®)
- Mirtazapine (Remeron®)

VI. Biologic / DMARDs Medications

Rheumatoid Medications

Do **NOT** take the morning of surgery

- Etanercept (Enbrel®) – Stop 1 week prior to surgery
- Infliximib (Remicade®) – Stop 2-3 weeks prior to surgery
- Adalimumab (Humira®) – Stop 2 weeks prior to surgery
- Golimumab (Simponi®, Simponi Aria®) – Stop 3 weeks prior to surgery
- Certolizumab (Cimzia®) – Stop 4 weeks prior to surgery
- Tocilizumab (Actemra®) – Stop 3 to 4 weeks prior to surgery
- Abatacept (Orencia®) – Stop 4 weeks prior to surgery
- Rituximab (Rituxan®) – Stop 4 months prior to surgery
- Cyclosporine (Neoral®) – Stop 5 days prior to surgery
- Cyclophosphamide (Cytoxan®) – Stop 5 days prior to surgery
- Sulfasalazine (Azulfidine®) – Stop 1 week prior to surgery
- Hydroxychloroquine (Plaquenil®) – Stop 4 months prior to surgery
- Azathioprine (Imuran®) – Stop 1 week prior to surgery
- Leflunomide (Arava®) – Stop 2 months prior to surgery

VII. APPETITE SUPPRESSANTS

Weight Loss Medications

Do **NOT** take **14 DAYS** before surgery

- Phentermine (Adipex-P®, Suprenza®)
- Phentermind / Topiramate (Qsymia®)
- Orlistat (Xenical®, Alli® [OTC])
- Naltrexone / Bupropion (Contrave®)
- Lisdexamfetamine (Vyvanse®)
- Lorcaserin (Belviq®)
- Diethylpropion
- Methamphetamine (Desoxyn®)
- Liraglutide (Saxenda®)
- Benzphetamine (Didrex®, Regimex®)
- Phendimetrazine (Bontril PDM®)

VIII. MUSCLE RELAXANTS

Muscle Relaxants

Do **NOT** take morning of the surgery

- Baclofen (Lioresal®)
- Chlorzoxazone (Paraflex®, Parafon Forte®)
- Cyclobenzaprine (Flexeril®)
- Methocarbamol (Robaxin®)
- Oxybutynin (Ditropan®)
- Carisoprodol (Soma®)
- Dantrolene (Dantrium®)

IX. ANTIPSYCHOTICS

Antipsychotics

Do **NOT** take the morning of surgery

- Perphenazine (Trilafon®)
- Thioridazine (Mellaril®)
- Trifluoperazine (Stelazine®)
- Chlpromazine (Thorazine®)
- Quetiapine (Seroquel®)
- Clozapine (Clozaril®)

X. HERBAL / VITAMIN SUPPLEMENTS

Stop taking **7 DAYS** prior to surgery